



104 W Redwood St Marshall, MN (507) 532-2655
 134 State Highway 68 Wabasso, MN (507) 342-2000
 2340 26th St, Slayton, MN 56172 (507) 836-8971
 202 E 1st St, Minneota, MN 56264 (507) 872-5200
 info@fixenchiro.com

ADULT UPDATE FORM

PLEASE UPDATE YOUR RECORDS WITH ANY CHANGES THAT HAVE BEEN MADE WITHIN THE LAST YEAR

Pregnant? No Yes, due date? ___/___/___ Social Security # _____

Last Name _____ Legal First Name _____ DOB: ___/___/___

Preferred Name _____ Address: _____
(City) (State) (Zip Code)

Home Phone: (____)____-____ Cell phone: (____)____-____ Work phone: (____)____-____

Email address: _____

Status: Single Married Divorced Widowed Legally Separated

Occupation: _____ Employer Name: _____

Smoking Status *(Check One)*
 Every Day Smoker Occasional Smoker Former Smoker Never Smoked

Will an insurance company be **contributing** to your care? No Yes *(If no, ask us about our wellness plans)*
 Primary: _____ Secondary: _____

Please list any supplements and/or vitamins you're currently taking.

Supplement Name	Dosage	Frequency	What is it for?

Please list any medications, prescription drugs, and pain killers you're taking.

Prescription Name	Dosage	Frequency	What is it for?

Do you have any allergies?

No Yes, If so explain

Allergy Name	Reaction	Onset date	Additional comments
		___/___/___	
		___/___/___	
		___/___/___	

Have you had any surgeries in the past year?

No Yes, If so explain

Type of Surgery	Date	What was it for?	Any reaction?	
	___/___/___		<input type="checkbox"/> Yes	<input type="checkbox"/> No
	___/___/___		<input type="checkbox"/> Yes	<input type="checkbox"/> No
	___/___/___		<input type="checkbox"/> Yes	<input type="checkbox"/> No

Please check all that currently apply to your health.

Ankylosing Spondilitis (M45.9) <input type="checkbox"/>	Tension Headaches (G44) <input type="checkbox"/>	IBS(K58) <input type="checkbox"/> /Crohn's (K50.90) <input type="checkbox"/>
Degenerative Disk Disease (M51, M50) <input type="checkbox"/>	Trigeminal Neuralgia (G50.0) <input type="checkbox"/>	Diverticulitis (K57.92) <input type="checkbox"/>
Facet Arthritis-Dorsopathy (M53) <input type="checkbox"/>	TMJ Disorder (M26.60) <input type="checkbox"/>	Diverticulosis(K57.90) <input type="checkbox"/>
Osteoarthritis-Extremity Joint-(M19) <input type="checkbox"/>	Vertigo(H81) <input type="checkbox"/> /Dizziness(R42) <input type="checkbox"/>	Asthma (J45) <input type="checkbox"/>
Osteoporosis(M81.0) <input type="checkbox"/> /Osteopenia <input type="checkbox"/>	Blood Pressure Issues <input type="checkbox"/> High (I10) <input type="checkbox"/> Low (I95.0)	COPD (J44.9) <input type="checkbox"/> / Emphysema (J43.9) <input type="checkbox"/>
Psoriatic Arthritis (L40.9) <input type="checkbox"/>	Diabetes <input type="checkbox"/> Type 1(E10.9) <input type="checkbox"/> Type 2 (E11.9) <input type="checkbox"/> Gestational (O24.419)	Cystic Fibrosis (E84.9) <input type="checkbox"/>
Rheumatoid Arthritis (M06.9) <input type="checkbox"/>	Heart Attack (old-I25.2) <input type="checkbox"/>	Cerebral Palsy (G80.9) <input type="checkbox"/>
Scoliosis (M41) <input type="checkbox"/>	High Cholesterol (E78.5) <input type="checkbox"/>	Epilepsy (G40.9) <input type="checkbox"/>
Spondylolisthesis (M43) <input type="checkbox"/>	Thyroid Hypo(E03.9) <input type="checkbox"/> /Hyper (E05.90) <input type="checkbox"/>	Multiple Sclerosis (G35) <input type="checkbox"/>
Spondylosis-Spine-DJD-(M47) <input type="checkbox"/>	Raynaud's Syndrome (I73.00) <input type="checkbox"/>	Parkinson's Disease (G20) <input type="checkbox"/>
Stenosis (M48.0) <input type="checkbox"/>	Poor circulation <input type="checkbox"/>	Stroke <input type="checkbox"/> /TIA <input type="checkbox"/>
Arm Pain <input type="checkbox"/> /Leg Pain <input type="checkbox"/>	Pace Maker <input type="checkbox"/>	Lupus <input type="checkbox"/>
Fibromyalgia (M79.7) <input type="checkbox"/>	Chronic Fatigue <input type="checkbox"/> /Insomnia <input type="checkbox"/>	Anxiety (F41.9) <input type="checkbox"/> / Depression (F41.8) <input type="checkbox"/>
Sinus Infection <input type="checkbox"/>	Hepatitis <input type="checkbox"/> A(B15.9) <input type="checkbox"/> B(B19.10) <input type="checkbox"/> C(B19.20)	Club Foot (Q66.89) <input type="checkbox"/>
Shingles (B02) <input type="checkbox"/>	Bladder Problems <input type="checkbox"/>	Gout (M1A/M10) <input type="checkbox"/>
Headaches <input type="checkbox"/>	Kidney Stones <input type="checkbox"/>	Plantar Fasciitis(M72.2) <input type="checkbox"/> /Foot Pain <input type="checkbox"/>
Cluster Headaches (G44) <input type="checkbox"/>	Irregular Cycle <input type="checkbox"/>	Other _____ <input type="checkbox"/>
Migraines (G43) <input type="checkbox"/>	Celiac's (K90.0) <input type="checkbox"/>	
Cancer		
<input type="checkbox"/> Liver (C22) <input type="checkbox"/> Pancreatic (C25) <input type="checkbox"/> Skin (C43/C44) <input type="checkbox"/> Prostate (C61) <input type="checkbox"/> Testicular (C62) <input type="checkbox"/> Uterine (C55) <input type="checkbox"/> Thyroid (C73) <input type="checkbox"/> Brain (C71) <input type="checkbox"/> Ovarian (C56) <input type="checkbox"/> Throat (C15) <input type="checkbox"/> Breast (C50) <input type="checkbox"/> Colon (C18) <input type="checkbox"/> Lung (C34) <input type="checkbox"/> Other _____		

Summary of your family history. (Please check type and list whom)

Cancer
<input type="checkbox"/> Thyroid(C73) _____ <input type="checkbox"/> Liver(C22.9) _____ <input type="checkbox"/> Ovarian(C56.9) _____ <input type="checkbox"/> Prostate(C61) _____ <input type="checkbox"/> Colon(C18.9) _____ <input type="checkbox"/> Lung(C34.90) _____ <input type="checkbox"/> Brain(C71.9) _____ <input type="checkbox"/> Skin(C43.9) _____ <input type="checkbox"/> Testicular(C62.90) _____ <input type="checkbox"/> Uterus(C55) _____ <input type="checkbox"/> Pancreatic(C25.9) _____ <input type="checkbox"/> Throat(C15.9) _____ <input type="checkbox"/> Breast(F-C50.919/M-C50.929) _____ <input type="checkbox"/> Other _____
Diabetes
<input type="checkbox"/> Type 1(E10.9) _____ <input type="checkbox"/> Type 2(E11.9) _____
Heart Attack/Disease (I25.2) <input type="checkbox"/> _____
Blood Pressure
<input type="checkbox"/> High(I10) _____ <input type="checkbox"/> Low(I95.0) _____
Scoliosis (M41.9) <input type="checkbox"/> _____
Stenosis (M48.00) <input type="checkbox"/> _____
Disc Disorder
<input type="checkbox"/> Thoracic/Lumbar(M51.9) _____ <input type="checkbox"/> Cervical(M50.90) _____

Waiver: I have been offered a copy of Fixen Chiropractic's HIPAA HITEC consent, and the following person(s) have permission to any and all of my records (if applicable). _____

(signature) _____ (date ___/___/___)

Do you want a receipt of a clinical summary after every visit (These summaries are often blank as a result of the nature and frequency of chiropractic care.)

Yes No

Patient Signature: _____ Date ___/___/___

<i>Office Use Only</i>	HT:	WT:	lbs	BP:	/	O2:	Pulse
<input type="checkbox"/> Verify info in CT <input type="checkbox"/> EHR Wizard <input type="checkbox"/> Alert <input type="checkbox"/> Doctor <input type="checkbox"/> Scan							